

ON BOARD

February 10, 2024



News and Views from the New Jersey Local Boards of Health Association

Saturday, February 17, 2024
NJLBHA Board Meeting
10:00 AM EST

Meeting
Details

Current Articles and Requests for Participation



3rd Annual "Put Us on the Map" Challenge - Application Due 3/1/24

The Put Us on the Map Challenge works to provide localized data for small and mid sized justifications (<https://www.cityhealthdashboard.com/blog-media/put-us-on-the-map-2024-application>)

This is an opportunity for small to midsize cities – populations between 1,000 and 50,000 – to have their city added to the Dashboard. Local data has historically been hard to come by for smaller cities, so we're excited to continue to expand our database on the site and share these necessary data for another year of applicants.

The application is relatively simple – we are inviting proposals from individuals or teams to share why local data is important for their community and how they would plan to use the data to advance health and equity. Applications are due March 1st at 5pm ET.

Additional details available here - <https://www.cityhealthdashboard.com/blog-media/put-us-on-the-map-2024-application>

Digital Toolkit available here -
https://drive.google.com/drive/folders/1DYyRgCRAAululLeX1hC__LrmS4MHpPWp?usp=sharing
Text Link

Collaboration Opportunity for Public Health Nurses Guide

Dear New Jersey Public Health Association Team,

I trust this email finds you well. I'm reaching out to share a valuable resource from RegisteredNursing.org specifically tailored for public health nurses. The comprehensive guide offers insights, tips, and resources for those navigating the world of public health nursing.

Public Health Nursing Guide: <https://www.registerednursing.org/specialty/public-health-nurse/#show>

I believe this resource would be a valuable addition to your website: <https://www.njpha.org/>

Including it would provide your members with an additional source of information.

On another note, your association's expertise in public health nursing makes you an invaluable partner. We'd be honored to have your input or contributions to further enrich the above content and ensure it resonates with your members. Let me know if there is anything you would like us to add to our existing content.

Thank you for considering the addition of our guide to your list of helpful resources. Feel free to reach out if you have any questions or need further details.

Kindly,

Sally Worthington
Outreach Coordinator



On January 11, 2024, the U.S. Food and Drug Administration (FDA) reached out to your organization about a public health matter involving a product, Neptune's Fix, which has been the subject of multiple reports of serious medical injuries, including death. Neptune's Fix products are labeled to contain the dangerous and addictive ingredient tianeptine, which is not approved for any medical use in the United States.

On January 28, 2024, the company responsible for Neptune's Fix products, Neptune Resources, LLC, issued a voluntary nationwide recall of all Neptune's Fix products – Neptune's Fix Elixir, Neptune's Fix Extra Strength Elixir, and Neptune's Fix Tablets.

We are reaching out again as most consumers report purchasing this product at gas stations or convenience stores across the country. We urge you to spread this recall announcement with your members to keep consumers safe and so your members can take appropriate steps should they have any Neptune's Fix products in their possession.

FDA is investigating new Neptune's Fix reports in conjunction with state and local partners. The agency has warned consumers not to purchase or use Neptune's Fix or any tianeptine product due to serious risks: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-warns-consumers-not-purchase-or-use-neptunes-fix-or-any-tianeptine-product-due-serious-risks>

To-date, eleven states have designated tianeptine as a controlled substance (i.e., Schedule I or Schedule II): Alabama, Florida, Georgia, Indiana, Kentucky, Michigan, Minnesota, Mississippi, Ohio, Oklahoma and Tennessee.

Consumers and retailers should report adverse events or side effects related to the use of Neptune's Fix and similar products to FDA's MedWatch Safety Information and Adverse Event Reporting Program:

- Complete and submit the report online at MedWatch Online Voluntary Reporting Form, or;
- Download and complete the form, then submit it via fax at 1-800-FDA-0178.

[Urgent Message from US FDA _Neptunes Fix Recall](#)

What is Tianeptine?

Tianeptine is an antidepressant being sold in gas stations and convenience stores in New Jersey. It is not FDA approved or regulated for use in the United States. Also known as "ZaZa," "Neptune's Fix," and "Pegasus Silver," tianeptine is being inaccurately marketed as a safer alternative to opioids and a dietary supplement to treat a variety of health ailments.

Risks of Using Tianeptine

The New Jersey Poison Control Center has recently identified a cluster of tianeptine poisonings. Tianeptine exposure can cause life-threatening symptoms, including seizures, coma, and death.



Image courtesy of New Jersey Poison Information and Education System

Common symptoms associated with tianeptine exposure include:

- Agitation
- Increased blood pressure
- Sweating
- Drowsiness
- Nausea and vomiting
- Rapid heartbeat
- Confusion
- Slow or stopped breathing

Tianeptine Withdrawal

Repeated use of tianeptine can cause withdrawal symptoms when use is stopped. Symptoms of tianeptine withdrawal include agitation, nausea, anxiety, diarrhea, and chills. **Some cases of withdrawal have been severe, with patients requiring intubation.**



If You Suspect Tianeptine Poisoning

- Call **9-1-1** and stay with the person in need of medical attention.
- Carry naloxone (also known as Narcan, the opioid overdose antidote) and use it if a person has slow breathing.
- Avoid mixing substances.
- Avoid using substances alone.

Resources

- **Harm Reduction Centers** provide sterile syringes and other safer use supplies, including naloxone. Scan the QR code for a listing of centers in New Jersey.
- **REACHNJ** is a 24/7 hotline available to anyone who is looking for help with overcoming a substance use disorder. Call **844-732-2465**.
- Call or text **1-877-4NARCAN** for free, anonymous naloxone through the mail.



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