

# Universal Home Visiting

Family Connects NJ is a **free, voluntary program** offering a visit at home by trained nurses for any family caring for a newborn baby. The program is available to all New Jersey families.

During the critical first weeks following childbirth, Family Connects NJ provides families with a private visit at home by a specially trained nurse. Program nurses will check the baby's weight, assess physical and emotional health of both newborn and parents. Family Connects NJ nurses also provide information on important topics like feeding, sleeping, and community resources available, if needed.

## How to Enroll

Families can learn more information and request a nurse visit by visiting the [Family Connects NJ website](https://FamilyConnectsNJ.org). For families who would rather enroll by phone, the website also includes phone numbers for local Family Connects NJ nurse providers in your home county.

To learn more and sign-up,  
visit [FamilyConnectsNJ.org](https://FamilyConnectsNJ.org)  
or scan the QR code.



## Program Highlights

- ✓ Care is provided at **no cost to you**, in the comfort of the family home, and is completely voluntary.
- ✓ Services are available to **birth, adoptive, and resource families** with a newborn, as well as parents experiencing a stillbirth or loss of their newborn.
- ✓ While Family Connects NJ will initially be limited to **select counties**, it will gradually expand service to all of NJ. Visit [FamilyConnectsNJ.org/rollout](https://FamilyConnectsNJ.org/rollout) for more information.
- ✓ **Specially-trained registered nurses** evaluate health, screen for potential complications, answer questions, and address any unexpected changes families are experiencing during the first two weeks after delivery.
- ✓ Nurses will connect families to **community resources** based on their specific circumstances.